

Central Café November 2020 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Teriyaki Chicken Over Rice Asian Vegetables Fresh Fruit	Fried Chicken Yams Cabbage Cornbread Fresh Fruit	Turkey Meatloaf Mashed Potatoes w/ Gravy Carrots Roll Fresh Fruit	Turkey Sausage w/ Cabbage & Peppers Rice w/ Gravy Cornbread Fresh Fruit	Baked Salmon Rice Pilaf Broccoli Roll Fresh Fruit
9	10	11	12	13
BBQ Pulled Pork Sandwich Baked Beans Coleslaw Fresh Fruit	Chicken & Turkey Sausage Gumbo Collard Greens Cornbread Fresh Fruit	Closed Veterans Day 	Red Beans & Rice w/ Smoked Turkey Mustard Greens Cornbread Sweet Potato Pie	Chicken Fried Rice w/Peas & Carrots Broccoli Fresh Fruit
16	17	18	Birthday Lunch 19	20
Cabbage, Sausage, And Potato Soup Green Salad w/ Dressing Roll Fresh Fruit	Fried Catfish Roasted Potatoes Coleslaw Whole Wheat Bread Sweet Potato Pie	Spaghetti w/ Meat Sauce Italian Vegetables Garlic Bread Fresh Fruit	Roasted Turkey Cornbread Dressing w/Gravy, Cranberry Sauce Green Beans Roll Birthday Cake	Clam Chowder Turkey & Cheese Sandwich w/Lettuce & Tomato Fresh Fruit
23	24	25	26	27
Vegetable Quesadilla w/ Spinach, Onions, Zucchini, and Cheese Spanish Rice Fresh Fruit	Smothered Pork Chop Mashed Potatoes w/ Gravy Cabbage Cornbread Sweet Potato Pie	Roasted Chicken Yams Mustard Greens Cornbread Pound Cake	Closed Thanksgiving 	Closed Thanksgiving
30				
Beef Stew w/ Tomato, Carrots Peas, and Potatoes Cornbread Fresh Fruit	To Order Call (206)726-4926 All Orders Must Be Made By 12:45	Menu Subject To Change		