



CENTRAL CAFÉ SEPTEMBER 2021 MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1 Chicken Caesar Salad Roll Fresh Fruit	2 BBQ Pulled Pork Sandwich Baked Beans Coleslaw Fresh Fruit	3 Clam Chowder Turkey & Cheese Sandwich w/ Lettuce & Tomato Fresh Fruit	4	
5	6  <small>closed Labor Day - Bing Images</small>	7 BBQ Chicken Brussel Sprouts Baked Beans Fresh Fruit	8 Crispy Chicken Sandwich Lettuce & Tomato French Fries Fresh Fruit	9 Braised Beef Over Rice Yams Spinach Cookie	10 Bacon Cheeseburger w/ Lettuce & Tomato French Fries Fresh Fruit	11	
 CT Thompson	12 Sept. 17 th 6pm- 9pm Green Dolphin →	13 Tuna Salad on Romaine Lettuce w/ Cucumbers & Tomatoes Fresh Fruit	14 Fried Chicken Yams Collard Greens Cornbread Fresh Fruit	15 Bow-Tie Pasta Salad w/ Chicken, Broccoli, Tomato Roll Fresh Fruit	16 Lasagna Vegetables Garlic Bread Peach Cobbler	17 G.D. CT Thompson Salmon Chowder Corn Salad Roll Fresh Fruit 	18
19	20 Beef Chili Green Salad Cornbread Fresh Fruit	21 Chicken Waldorf Salad, w/ Celery, Apples, Cranberries and Grapes with Mini Croissant	22 Chicken Fried Rice w/ Peas & Carrots Broccoli Fresh Fruit	23 ❤️ Birthday Lunch 😊 Glazed Ham Spinach Macaroni & Cheese Corn bread Birthday Cake	24 Fish & Chips Coleslaw Fresh Fruit	25	
26	27 Chicken Quesadilla Green Salad Fresh Fruit	28 Fried Catfish Corn Coleslaw Whole Wheat Bread Peach Cobbler	29 Taco Casserole Tortilla Chips Green Salad Fresh Fruit	30 Yankee Pot Roast, Mash Potatoes, Veggies, Cornbread & Fruit		Menu Subject to Change	