



November 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Rony's B-Day Beef Stew w/Carrots, Tomato, Peas, Green Salad, Cornbread, & Fruit. 	2 Corn Beef w/ Cabbage, Cornbread, & Cookie.	3 Crispy Chicken Sandwich w/Lettuce, Tomato, French Fries & Fruit.	4 Smothered Liver & Onions: Green Beans, Rice w/ Gravy, Cornbread, & Peach Cobbler.	5 Baked Salmon w/ Rice: Roasted Vegetables, Garlic Bread, Fresh Fruit & Cookie.	6
7	8 Roasted Hot Link on Baguette, Coleslaw, Fresh Fruit, & Cookie.	9 Jambalaya Over Rice, Collard Greens, Cornbread, & Peach Cobbler	10 Bacon Cheeseburger w/ lettuce, Tomato, French Fries, & Fresh Fruit.		12 Clam Chowder: Turkey & Cheese Sandwich w/Lettuce, Tomato, & Fruit.	13
14 	15 Chicken Noodle Soup: Green Salad, Roll, & Fresh Fruit	16 Fried Catfish: Corn, Coleslaw, Whole Wheat Bread, & Pound Cake.	17 Spaghetti w/ Meat Sauce, Italian Vegies, Green Salad w/ Dressing, Garlic Bread, & Cookie.	18 Roasted Turkey w/Gravy, Cornbread, Dressing, Green Beans, Dinner Roll, & B-Day Cake.	19 Green Dolphin Fish & Chips, Coleslaw, & Fresh Fruit. 	20
21	22 Meatloaf: Mashed Potatoes w/ Gravy, Broccoli, & Fruit.	23 Pork Roast Mashed Potatoes w/ Gravy Peas & Carrots, Whole Wheat, Roll, & Cookie.	24 Lasagna: Zucchini, Garlic Bread, & Fresh Fruit.	25 Abdinasir B-Day 	26 	27
28	29 Beef Chili: Green Salad, Cornbread, & Fresh Fruit.	30 Fried Chicken: Black Eyed Peas, Mustard Greens, Cornbread, & Peach Cobbler.		CLOSED Thanksgiving Holiday		