





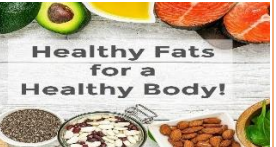




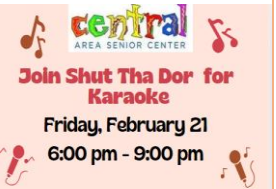



CASC February Menu

2025

500 30th Avenue South Seattle WA, 98144 206-726-4926 www.casrcenter.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
	To place an Order Call (206) 726-4926 Between 8:30am to 12:30pm. Monday - Friday					<i>Menu Subject to Change</i>
2	3	4	5	6	7	8
	Thai Coconut Chicken Curry, Soup Garden Salad, Roll Fresh Fruit	BBQ Pulled Pork Sandwich Broccoli Salad Fresh Fruit	Taco Casserole Spinach Salad Tortilla Chips Fresh Fruit	Roasted Chicken Cornbread Dressing w/ Gravy Cabbage, Fresh Fruit	Shrimp Fried Rice w/ Peas & Carrots Asian Vegetables Fortune Cookie Fresh Fruit	
9	10	11	12	13	14	15
	Beef & Bean, Chili Garden Salad, Roll Fresh Fruit	Meat Balls, In Brown Gravy Mashed Potatoes Brussel Sprouts Roll. Fresh Fruit	Chicken Milanese Rice Pilaf Broccoli Roll Fresh Fruit	Jambalaya Over Rice Greens, Cornbread Peach Cobbler	Bacon, Cheeseburger w/ Lettuce & Tomato French Fries Fresh Fruit	
16	17	18	Members Mtg. 19	20	Green Dolphin 21	22
		Chicken & Sausage Gumbo, Greens Cornbread Fresh Fruit	Salisbury Steak Rice w/Gravy Creamed Spinach Roll, Fresh Fruit	Fried Catfish Succotash, Coleslaw Whole Wheat Bread Fresh Fruit	Chicken Salad Sandwich Cheddar Broccoli Soup, Fresh Fruit	
23	24	Board Meeting 25	26	B- Day Lunch 27	28	
	Chicken Noodle Soup, Crackers Garden Salad Fresh Fruit	Fried Chicken Carrots Potato Salad Roll, Fresh Fruit	Meatloaf, Mashed Potatoes W/ Gravy, Carrots Roll, Fresh Fruit	Pork Roast, Mashed Potatoes w/ Gravy, Cabbage, Cornbread Birthday Cake	Fish & Chips Coleslaw Fresh Fruit	