



February 2025

- Special Event
- Green Dolphin
- Occupational
- Health & Wellness
- Fitness
- Spiritual
- Educational
- Social
- Cards & Games
- Arts & Crafts
- Meeting
- Movie
- Outing
- Sign Up

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>All Events Are Subject to Change</p>	<p>CASC Hours of Operation Monday: 8:30AM-5:00PM Tuesday: 8:30AM-5:00PM Wednesday: 8:30AM-5:00PM Thursday: 8:30AM-10:00PM Friday: 8:30AM-5:00PM</p>	<p>Want Lunch or Need Groceries? Please call us at 206-726-4926 to Request.</p>			
<p>HAPPY GROUNDHOG DAY 2</p>	<p>3</p> <p>9:30 Enhance Fitness (Des Moines) </p> <p>11:00 Mary Henry Bridge</p> <p>2:30 Table Game Night</p> <p>2:45 Enhance Fitness</p>	<p>4</p> <p>No Bingo Until March 4th</p> <p>10:00 Beginning Bridge</p> <p>10:05 Sliders Line Dancing</p> <p>11:30 Social Bridge</p>	<p>5</p> <p>9:00 Enhance Fitness</p> <p>10:30 Walking Group</p> <p>1:00 Unassisted Computer Lab </p> <p>1:30 Midweek Matinee </p> <p>2:00 Quilting Class</p> <p>2:30 Book Club! </p>	<p>6</p> <p>12:00 Medicaid/Medicare </p> <p>1:00 Bid Whist</p> <p>6:00 Le Etta King Bridge</p> <p>6:45 Beginning Bridge</p>	<p>7</p> <p>9:00 Enhance Fitness</p> <p>10:00 CMCH Health Screenings</p> <p>10:30 Sliders Line Dancing</p> <p>12:00 Current Events Discussion</p>	<p>8</p> <p>Membership/Annual Mtg. Bylaws Re-Vote</p> <p style="text-align: center; color: red;">Save the Date February 19th, 2025 at 1:15PM</p> <p style="text-align: center;">Notes Eligible CASC Members only.</p> <p style="text-align: center; color: red;">Must have been present on November 13th, 2024.</p>
<p>25 FEBRUARY 2025 1:30 PM</p>	<p>10</p> <p>9:30 Enhance Fitness (Des Moines) </p> <p>11:00 Mary Henry Bridge</p> <p>2:30 Table Game Night</p> <p>2:45 Enhance Fitness</p>	<p>11</p> <p>No Bingo Until March 4th</p> <p>10:00 Beginning Bridge</p> <p>10:05 Sliders Line Dancing</p> <p>11:30 Social Bridge</p>	<p>12</p> <p>9:00 Enhance Fitness</p> <p>10:30 Walking Group</p> <p>1:00 Unassisted Computer Lab </p> <p>2:00 Quilting Class</p>	<p>13</p> <p>9:00 POCAAN Mobile Medical Clinic </p> <p>9:15 Dancing & Grooving Drumming</p> <p>12:00 Medicaid/Medicare </p> <p>1:00 Bid Whist</p> <p>6:00 Le Etta King Bridge</p> <p>6:45 Beginning Bridge</p>	<p>14</p> <p>9:00 Enhance Fitness</p> <p>10:30 Sliders Line Dancing</p> <p>12:00 Current Events Discussion</p>	<p>15</p> <p>9:00 <i>Links</i></p>
<p>General Membership Meeting Wednesday, February 19th 1:15PM, 2025</p> <p>JOIN US! MEMBERSHIP MEETING</p>	<p>17</p> <p>In observance of Presidents Day, we will be closed on Monday, February 17, 2025.</p> <p>We will reopen on Tuesday, February 18, 2025.</p>	<p>18</p> <p>No Bingo Until March 4th</p> <p>10:00 Beginning Bridge</p> <p>10:05 Sliders Line Dancing</p> <p>11:30 Social Bridge</p>	<p>19</p> <p>9:00 Enhance Fitness</p> <p>10:30 Walking Group</p> <p>1:00 Unassisted Computer Lab </p> <p>1:15 Membership/Annual Mtg. Bylaws Re-Vote </p> <p>1:30 Midweek Matinee </p> <p>2:00 Quilting Class</p>	<p>20</p> <p>9:15 Dancing & Grooving Drumming</p> <p>12:00 Medicaid/Medicare </p> <p>1:00 Bid Whist</p> <p>6:00 Le Etta King Bridge</p> <p>6:45 Beginning Bridge</p>	<p>21</p> <p>9:00 Enhance Fitness</p> <p>10:30 Sliders Line Dancing</p> <p>12:00 Current Events Discussion</p> <p>6:00 Green Dolphin Featuring Shut Tha Dor, Cost: \$25, \$30, \$35, RSVP at 206.726.4926 </p>	<p>22</p> <p>12:00 Bridge</p>
<p>February Members' Birthday Lunch Thursday, February 27, 11:30AM-1:00PM</p> <p>RSVP to the front desk by Monday February 24, 206-726-4926</p>	<p>24</p> <p>9:15 Dancing & Grooving Drumming</p> <p>9:30 Enhance Fitness (Des Moines) </p> <p>11:00 Mary Henry Bridge</p> <p>2:30 Table Game Night</p> <p>2:45 Enhance Fitness</p>	<p>25</p> <p>No Bingo Until March 4th</p> <p>10:00 Beginning Bridge</p> <p>10:05 Sliders Line Dancing</p> <p>11:30 Social Bridge</p> <p>1:30 Board Meeting </p>	<p>26</p> <p>9:00 Enhance Fitness</p> <p>10:30 Walking Group</p> <p>1:00 Unassisted Computer Lab </p> <p>2:00 Quilting Class</p>	<p>27</p> <p>9:15 Dancing & Grooving Drumming</p> <p>11:30 Birthday Lunch RSVP </p> <p>12:00 Medicaid/Medicare </p> <p>1:00 Bid Whist</p> <p>6:00 Le Etta King Bridge</p> <p>6:45 Beginning Bridge</p>	<p>28</p> <p>9:00 Enhance Fitness</p> <p>10:30 Sliders Line Dancing</p> <p>12:00 Current Events Discussion</p>	<p>King County</p> <p>King County Veterans, Seniors & Human Services Levy</p>